



JUNE 27- SEPT 5 2017

WOMEN'S THERAPEUTIC JOURNAL WRITING WORK SHOP

- * Therapeutic creative expression in a small supportive group setting.
- * Explore deeper emotional topics through writing.
- * Receive safe feedback according to the established guidelines of the group.
- * Explore your inner voice
- * If you have never tried writing as a means of self-expression & introspection this will be a safe and nurturing place to start

Group limit = 5

*Meets Every Other Tuesday 6:30-8:30PM for a 12-week period (6 sessions) . Group is closed but may bring on new members depending on consensus. Location: 6536 SE Duke Street
- Cost: \$40 per session -*

TO REGISTER @ RESERVE - EMAIL:
MINDFULVIEWCOUNSELING@GMAIL.COM